



IncluArts

Inclusive Dance, Drama and Social opportunities for young people and adults living with learning disabilities.

Lockdown Online Activities - New Members Welcome!

We hope by creating this online programme, we can support people living with learning disabilities to look after their mental and physical well-being by having virtual contact with others, in a safe, fun and supportive online environment.

Mondays

Drama with Sophie
1.30-2.15pm



Thursdays

Dance with Amy
1.30-2.15pm



Fridays

Inclu:Nightlife
7.30-8.30pm

An hour of virtual drinks,
chatting with friends, disco, games and more.

For more information or to book onto any of our online activities please email Amy via incluarts@gmail.com

We hope to welcome you to IncluArts soon and don't forget to tell your friends and connections- Thank you :)